

7 SIMPLE WAYS TO MAKE WOMEN FEEL SAFER ON THE STREETS

#1: DON'T APPROACH HER

If you can see she is safe, avoid talking to her.

#2: DON'T WALK BEHIND HER

Slow down and show you're not following her.

#3: CROSS THE STREET

Give her as much room as possible.

#4: HOOD DOWN HANDS OUT

Show you have nothing to hide from her.

#5: DON'T RUN CLOSE TO HER

Or say "left" or "right" to announce you're overtaking.

#6: TALK ON THE PHONE

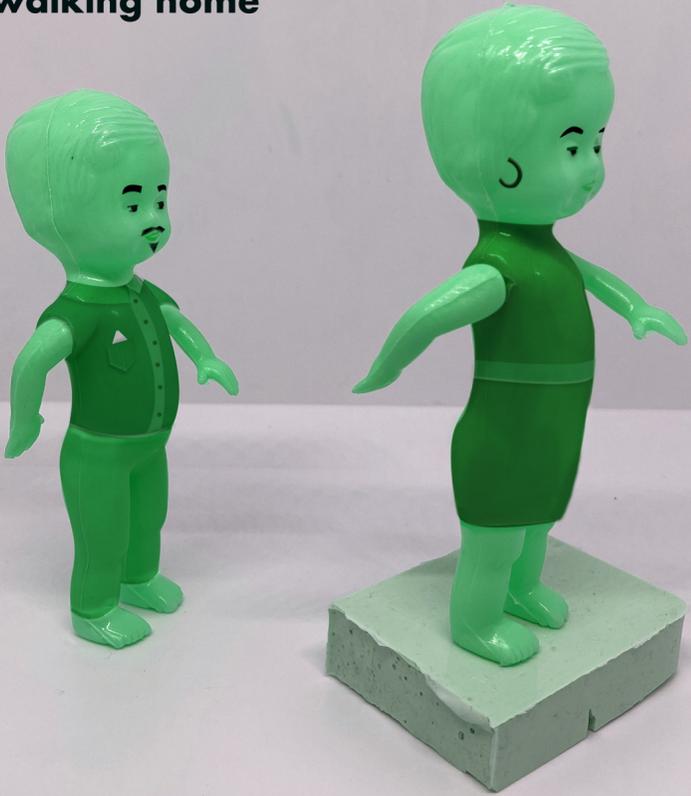
Show her you're doing your own thing and call up a friend.

#7: EDUCATE YOUR MATES

Share this guide with your friends.

YOU:

walking home



WOMAN IN FRONT OF YOU:

running from the guy behind her

DON'T WALK BEHIND HER

You might just be walking home, but she can feel like she's being followed. Slow down.

HOOD DOWN HANDS OUT

Making your face and hands visible helps her know you're not trying to hide anything.



CROSS THE STREET

Give her as much room as possible. Stay where she can see you and show you're going somewhere.

DON'T RUN CLOSE TO HER

Or if you're jogging or cycling past a woman, make sure you always call ahead saying "left" or "right" so you don't surprise her.

GOOD GUYS GUIDE

7 SIMPLE WAYS GOOD GUYS CAN MAKE WOMEN FEEL SAFER ON THE STREETS

TALK ON THE PHONE

Show her you're doing your own thing and call up a friend. When she can hear you, she knows where you are and feels more in control of the situation.

DON'T APPROACH HER

You might just want to ask for directions, but for a woman walking alone at night, any interaction can be intimidating. So, if you can see she is safe, avoid talking to her.

EDUCATE YOUR MATES

They are good guys too. Share this guide and let's make the streets feel safer for everyone.